



# **ANSTON BROOK AND WOODSETTS FEDERATION**

## **SEX AND RELATIONSHIP EDUCATION POLICY**

## **Sex and Relationship Education Policy**

Sex and Relationship Education (SRE) is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. Effective sex and relationship education is essential if children are to make responsible and well informed decisions about their lives and develop into mature, healthy, happy and responsible adults.

### **Aims**

We aim to:

- help pupils to reflect critically on sources of advice and information and explore what they think, believe and feel about the many issues involved;
- ensure that pupils learn the value of family life (in all its various forms) and the value of stable and loving relationships.
- develop a range of personal and social skills to enable pupils to cope with the changes that they will experience when they go through life, including puberty, and to make responsible health-promoting decisions;
- develop pupils' knowledge and understanding of relationships, sexuality and sexual development.

### **Approaches**

In teaching SRE to our children we follow the latest governing guidance (DfEE 0116/2000, July 2000) and also the supplementary guidance SRE in the 21<sup>st</sup> Century 2014. Woodsetts and Anston Brook Federation deliver the majority of our SRE through the Christopher Winter Project scheme of work. This is supplemented by the 'Rollercoaster' pack provided by Rotherham LA. Children learn about feelings and relationships, and about their changing bodies; this is taught at different levels appropriate to their age throughout Key Stages 1 and 2 (See PSHE Policy).

In KS2 the sessions deal with physical changes during puberty, emotions, feelings and changing relationships with friends and others. Some work on reproduction and pregnancy is covered within the scheme in Year 6. As a staff, we feel that it is important that these issues should be dealt with in an open and honest fashion, so that children are prepared for the physical and emotional changes they are about to encounter. Pupils are encouraged to discuss ideas and ask questions.

Staff are trained periodically in the teaching of SRE. Ideally parents/carers and the school should work in partnership to help children gain appropriate attitudes, values, skills and knowledge.

The school governing body, in consultation with parents, has a duty to develop an SRE policy which reflects the wishes of parents and the community. To this end, parents are invited to view the policy and to attend a meeting to preview the SRE programme (including any videos) and ask any questions about the delivery, so that they have a clear understanding of what the school will cover and how they will cover it. All parents are made aware that they have a legal right to withdraw their child from the sex education lessons.

Policy reviewed on: July 2017

Policy updated on: November 2016

Policy agreed by: \_\_\_\_\_ (Please sign)

\_\_\_\_\_ (Print name)

\_\_\_\_\_ (Designation)

\_\_\_\_\_ (Date)

Agreed by the Governing Body: \_\_\_\_\_

Policy to be revised on: AUTUMN 2020